

THE SOCIETY OF THE NEW YORK HOSPITAL



Created by Royal Charter in 1771
in the reign of King George III

THE ANNUAL REPORT OF THE MEDICAL DIRECTOR OF

The New York Hospital—Westchester Division
WHITE PLAINS, NEW YORK

1961

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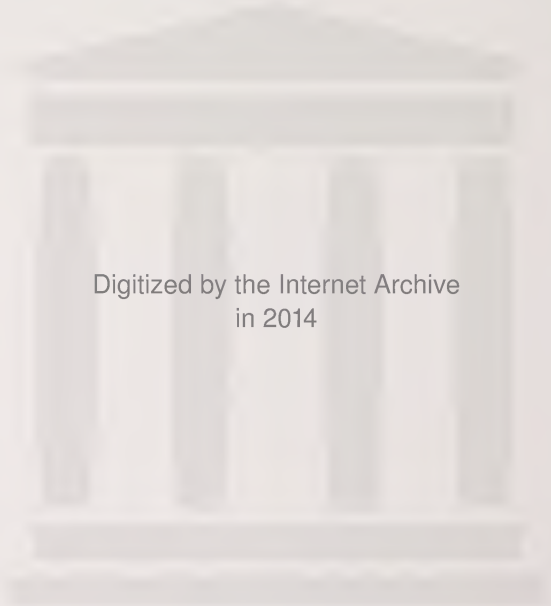


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HISTORICAL NOTE

The New York Hospital owes its inception and growth to the efforts of public-spirited citizens. In 1769, Dr. Samuel Bard, later Washington's personal physician, delivered an address at the King's College commencement exercises in Trinity Church on the occasion of the awarding of some of the first medical degrees in America. In this address he pointed out the vital need for a hospital in New York City. Interest was aroused among influential men and the Governor of the Province headed the subscription list which raised liberal funds for this purpose.

In 1771 a royal charter was granted by King George III to "the Society of the Hospital in the City of New York in America." Through the efforts of Dr. John Fothergill, an old friend and adviser of Dr. Bard in London, the Society also received gifts from English friends, and in 1772 was granted an allowance of 800 pounds by the Legislature of the Province. In 1773, the Governors of the Society purchased five acres of land on the west side of Broadway opposite Pearl Street, and the cornerstone of the hospital was laid by Governor Tryon of New York. Construction was begun immediately but in February, 1775, the interior of the building was almost completely destroyed by fire. Although rebuilding was started at once, it was soon halted by the outbreak of the War of Independence. The unfinished structure was used both as barracks and as a military hospital for wounded American soldiers.

Because of the confusion in civic affairs following the war, the hospital was not opened to civilians until January, 1791. From the beginning the Governors recognized that patients suffering from nervous and mental disorders were sick people and they were admitted into the same building with medical and surgical cases. In 1808 a separate building was erected on the hospital grounds to provide more adequately for the care of mental patients.

In 1810 the legislature of the new State of New York confirmed the original charter and the Society became "The Society of the New York Hospital."

In the years following it was found desirable to move the division for mental patients to a newly purchased piece of property on Bloomingdale Road, seven miles north of the City, where the Bloomingdale Asylum was built and opened in 1821. As the City continued to grow, this property was sold to Columbia University and other institutions, and the Bloomingdale Hospital was moved in 1894 to its present location in White Plains.

Since the construction of the original hospital buildings in White Plains, there have been extensive developments of the property, among which may be mentioned the following: the construction of Macy and Banker Villas for men patients; Brown Villa, Bard House and Bruce House for women patients; special occupational therapy buildings and gymnasias for both men and women patients; clinic buildings, including operating room unit and dental and X-ray laboratory units; a staff house, a student nurses' house, a staff house annex, and nine cot-

tages for physicians. In 1938 a modern building for physical therapy was constructed in connection with the men's department. In 1941 the Nichols Cottage, an air-conditioned building with accommodations for twenty disturbed women patients, was constructed and named in honor of Dr. Charles H. Nichols, medical superintendent of the hospital from 1877 to 1889. In 1954 the building for special therapies was opened enabling the hospital to treat more women patients. Two elevators were installed in the main building in 1955. The Thomas Eddy Education Building was completed in the fall of 1955 for the instruction of the affiliating student nurses. The outpatient department was dedicated on December 8, 1956 and opened to receive patients on January 1, 1957. On January 15, 1958 a hall for boys was opened. Other sections of the hospital have been modernized by renovation, promoting the safety and medical care of the patients. A nine-hole golf course is available, and the grounds, 236 acres in extent, have been otherwise developed. The modern cafeteria for personnel was opened in 1959.

By vote of the Board of Governors of the Society on June 15, 1936, the name of the Bloomingdale Hospital was changed to "The New York Hospital—Westchester Division" in order to convey a clearer understanding than had hitherto prevailed of the relation of the hospital in White Plains to the Society of the New York Hospital.

The new entrance at 21 Bloomingdale Road was opened on October 7, 1960.

THE SOCIETY OF THE NEW YORK HOSPITAL

FOR THE YEAR 1962 *

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Physician in Charge of Women's Department

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Physician in Charge of Outpatient Department

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Assistant and Physician to Employees

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HELEN FISH, R.N.

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PEGGY ANN FLINTOFT, B.S., R.N.

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Apothecary

WALTER HOPFMANN

Chaplain

THE REVEREND DAVID B. WEDEN



NEW ENTRANCE, 21 BLOOMINGDALE ROAD

THE SOCIETY OF THE NEW YORK HOSPITAL NEW YORK HOSPITAL—WESTCHESTER DIVISION

To the Board of Governors of The Society of the New York Hospital:

I have the honor to present herewith the report of the New York Hospital—Westchester Division for the year ending December 31, 1961.

The hospital has continued to advance in standards of care and treatment and to progress in the fields of teaching, research and prevention. Through close cooperation with the community of Westchester County the work has been more closely integrated with local mental health needs. Forty per cent of the patients admitted were residents of Westchester County, and all treated in the outpatient department came from Westchester.

ADMISSIONS

The total number of patients admitted was 330, 180 women and 150 men. Two hundred two patients, or 61 per cent of those admitted, were under fifty years of age, and 54, or 16 per cent, were under the age of twenty-one. Preference is given to patients suffering from acute and recoverable psychiatric disorders.

The majority of the patients were suffering from functional disorders which came on as a result of prolonged conflict or sudden stress and strain. Many of their reactions were to overwhelming life problems or situations. They were unable to perform effectively at school or at work and many showed a decreased ability to manage personal relationships in the family and social groups. The patients reacted according to their constitutional endowments, temperaments, dispositions and personality traits.

Some patients become depressed, self-depreciatory, self-accusatory and retarded while others of the same reaction type become elated, expansive, and are given to extravagant expenditures and work under great pressure and overactivity. Such disorders are classified as manic-depressive reactions; 75, or 23 per cent of the patients admitted, were so diagnosed.

Sensitive and independent persons who find relating to others difficult when under pressure from new adjustments, are prone to withdraw from, and misinterpret their environments and project their difficulties and develop trends of thought about themselves, other people and organizations. Some of these react with stupor, excitement and frenzied states of impulsiveness. These personality disorders are diagnosed as schizophrenia. Of the total number admitted, there were 105, or 32 per cent, so diagnosed.

Twenty-one, or six per cent, had emotional problems associated with the climacterium, involutional period, or the change of life. These reactions represent extreme exaggerations of the feeling, thinking and behavior of this life



YORK LODGE

epoch. Mild physical concern becomes manifested in bizarre hypochondriacal notions. Worries over security become ideas of poverty. Restlessness develops into anxious agitation. Ideas of not being needed or loved become exaggerated notions of jealousy and rejection.

The psychoneurotic patients with reactions of tension, anxiety states, hysteria, phobias, obsessions, compulsions and mild depressions often require the structured life of the hospital in addition to psychotherapy. There were 36, or 10 per cent, so diagnosed.

An increasing number of patients with reactions associated with immaturity, alcoholism and drug addiction were admitted.

Many troubled youths in great turmoil and with tendencies to live and act out their drives and thereby come into conflict with society and their families, have come for help.

A few patients with organic mental reactions, including transient toxic and infectious states, and progressive brain pathology associated with aging, were admitted for treatment and study.

DIAGNOSTIC GROUPING OF ADMISSIONS

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Psychoses due to alcohol	3	4	7
Psychoses due to a drug or other exogenous poison	1	1	2
Psychoses with cerebral arteriosclerosis	7	8	15
Psychoses with other disturbances of circulation	1	...	1
Senile psychoses:			
Simple deterioration	4	2	6
Involucional psychoses:			
Melancholia	5	11	16
Paranoid type	...	5	5
Psychoses due to other metabolic, etc., diseases:			
Alzheimer's disease	1	...	1
Psychoses due to unknown or hereditary cause but associated with organic change.....	1	...	1
Manic-depressive psychoses:			
Manic type	6	...	6
Depressive type	8	9	17
Circular type	10	7	17
Mixed type	6	28	34
Perplexed type	...	1	1
Dementia praecox (Schizophrenia):			
Simple type	7	2	9
Hebephrenic type	3	...	3
Catatonic type	29	32	61
Paranoid type	13	18	31
Other types	...	1	1
Paranoia and paranoid conditions:			
Paranoid condition	1	2	3
Psychoses with psychopathic personality.....	3	5	8
Psychoneuroses:			
Hysteria	2	...	2
Reactive depression	7	7	14
Anxiety state	1	1	2
Mixed psychoneuroses	5	13	18
Without mental disorder:			
Alcoholism	19	14	33
Drug addiction	1	5	6
Psychopathic personality	6	4	10

Two hundred seventy-four, or 83 per cent of those admitted, came from New York City and the surrounding suburban area. One hundred thirty-three, or 40 per cent of all admissions, came from Westchester County; 31 were from White Plains. Patients came from 13 States other than New York, and 8 from other countries.

Two hundred thirty-three patients, or 70 per cent, were admitted on their voluntary application; 27 patients under the age of eighteen were admitted on the application of their parents. Sixty-six were too ill to understand their need for treatment and were admitted on the petition of a relative. Four patients were received by transfer from other hospitals in the State, and four patients from the Payne Whitney Clinic.

Most of the patients were referred by physicians in private practice. They were well educated and many held positions of responsibility and leadership in their communities: 23 executives, 7 physicians, 5 nurses, 8 teachers, 5 engineers, 2 ministers, 6 lawyers, 3 writers, 2 artists, 9 secretaries, and 59 students. There were 109 housewives. There were 8 veterans of World War I, 27 of World War II, and 3 of the Korean Conflict.

DISCHARGES

Three hundred fifteen patients, 186 women and 129 men, were discharged during the year. Two hundred forty-one had either recovered or improved; thus 77 per cent of all patients discharged were definitely benefited by treatment. One hundred thirty-four, or 43 per cent, had been under treatment less than six months; 256, or 80 per cent, had been in the hospital less than a year. The following table gives more detail as to the length of time patients were under treatment and their condition at the time of discharge.

DURATION OF HOSPITAL RESIDENCE OF PATIENTS DISCHARGED

	<i>Recovered</i>		<i>Much Improved</i>		<i>Improved</i>		<i>Unimproved</i>		<i>Died</i>		<i>Total</i>
	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	
Less than 6 months	8	7	9	25	11	37	10	14	7	6	134
6-12 mos.	16	5	28	41	6	12	3	5	3	3	122
1-2 yrs.	..	..	6	15	6	5	1	2	4	2	41
2-3 yrs.					1	1			4	1	7
3-4 yrs.	..				1			..	1	1	3
4-5 yrs.					..	..			..		...
More than 5 years		..	..	..	1	..	..	..	3	4	8
Totals	24	12	43	81	26	55	14	21	22	17	315

* Of these, 7 patients died out of the hospital while on visit.



TENNIS COURTS

TREATMENT

When a patient has been accepted for treatment, the nearest relatives are encouraged to visit the hospital and confer with members of the medical staff. The nature of the mental reaction, the probable course, the various methods of approach and psychotherapy, and the patient's and the family's participation in rehabilitation are explained. The accommodations and treatment facilities are shown to the family and all arrangements are made for the patient's admission.

The patient is received on one of the six admission halls of the women's and men's departments, the type of hall being determined by the patient's needs and condition. Each patient is assigned to a physician who is responsible for obtaining a full history, performing a careful physical examination and directing the treatment. Pertinent information is obtained as to the family background, the personality assets and liabilities, the life setting and situation in which the patient's difficulties developed. The social workers advise and work with members of the patient's family and help in interpreting and ameliorating social, economic and other stresses and strains of the patient and his environment. The psychologists aid through diagnostic testing, treatment evaluation, and in vocational and avocational guidance.

In the physical investigation of patients, the aid of consultants in all departments of medicine and surgery is utilized. The clinical laboratory studies include complete blood counts, blood chemistry, urinalysis, blood serology, electroencephalographic and electrocardiographic studies; ketosteroid determinations, X-ray examinations and other special studies are made when indicated. Physical conditions when discovered are treated or corrected. Dental examinations and treatments are available together with periodic re-examinations and treatment procedures.

The physician in consultation with other members of the staff carries out the psychotherapy by the interview method with emphasis on dynamic and interpretive psychiatry. In the structured environment the patient learns improved ways of managing life problems and of balanced programs of daily living. Psychotherapy, reeducation and retraining assist the patient in changing attitudes, traits and drives which are alterable, and help him to accept, understand and tolerate persisting problems and trying life situations. Abundant time is devoted to advising members of the patient's family, fellow workers and employers when necessary, and teaching them how they can constructively participate in the successful adjustment of the recovering patient.

The medical staff and members of all professional services are so organized as to provide frequent consultation upon problems of individual patients. Seven daily clinical conferences are held each week in both women's and men's departments at which time the physicians, supervisors of nursing, and on week days the heads of the various program therapy departments, psychologists, and social workers discuss the conditions, needs, treatment, and daily schedules of individual patients. Information on newly admitted patients is presented fully so that all staff members and other professional personnel become acquainted immediately with the patients' problems.



POTTERY — MEN'S OCCUPATIONAL THERAPY

The patient is made to feel at home, comfortable, and accepted in the new environment of the hospital. A special nurse is assigned for the first few hours and the patient is introduced to other patients and all employees connected with his daily living. Times for meals, extra nourishment, rest periods, hall and program therapy activities are explained. The physicians' and nurses' attention as well as that of all other hospital workers is directed to the patient as a person in his planned life in the hospital.

The regular diet is substantial and nutritious. Special diets when needed are prepared by the department of nutrition. The housekeeping department maintains attractive furnishings, decorations and pleasant surroundings. The grounds and garden departments keep the grounds and gardens in a state of beauty and furnish fresh flowers daily to all halls and gathering places for the patients.

The doctor prescribes the daily activities of the patients in all program therapy departments. Psychotherapy is an important adjunct to treatment, including massage, hydrotherapy, electric treatments such as ultraviolet, infra-red light, baking, and diathermy. Prolonged baths and packs help to allay restless agitation, tension and sleeplessness.

Occupational therapy and physical education are prescribed for each patient. The socializing value of working and playing together is emphasized with the satisfaction derived from constructive and useful activity. Many patients attribute their recovery to the self-esteem and confidence achieved in these activities and therapeutic efforts. The occupational therapy activities for men include bookbinding, ceramics, painting, sculpturing, gardening, jewelry, leathercraft, metalry, printing, reed-work, typing, weaving, and woodworking. The women enjoy cooking, dressmaking, gardening, jewelry, leather work, metalry, needle work, knitting, typing, weaving, wood decorating, collage, doll and toy making, fashion shows, general exhibits, painting and sculpturing. Patients join in making Christmas presents for children. They publish a hospital newspaper. Lectures, films and informal discussions are held.

The physical education departments make use of the modern gymnasias, athletic fields, a golf course, attractive walks through fields and woodlands. The patients also enjoy salt water bathing at York Lodge which is located at Mamaroneck on Long Island Sound. Other activities include baseball, tennis, football, horseshoe pitching, shuffleboard, and the indoor sports of basketball, bowling, ping pong, badminton, volleyball, dancing, and corrective exercises. The departments of physical education with other departments arrange evening dances, square dances, motion pictures, exhibition matches, and afternoon tea dances and garden parties for the patients, their relatives and friends.

Responding to these programs of treatment the patients move to more convalescent and open halls where they are encouraged to assume increasing responsibility for their daily schedules and leisure time. The librarian provides reading material and conducts discussion groups, and arranges pleasant literary evenings in the patients' library. In conjunction with the music department an amusing



GOLF INSTRUCTION

and original musical revue was given during Christmas week. The music department gives individual instrumental and voice instruction. Sessions of group singing, recorded music and lectures on composers are held. Several guest artists and patients present recitals and formal concerts during the year.

The patients are prepared for their return home, to school, to work and the community by a series of visits. At first they go out for an afternoon, then for a day, a weekend and more prolonged visits. Many patients commute to school or to work. Through the use of social service, part time or full time volunteer, or full time paid employment is arranged together with living accommodations in the local community or nearby cities. At this time as patients return for shorter visits to the hospital, rewarding discussions of their problems are held with physicians, and in this gradual transition confidence is restored and rehabilitation is made more secure and complete.

SPECIAL TREATMENT PROCEDURES

Electric Shock Therapy. This treatment procedure continues to be a valuable measure, particularly in those patients who have not responded to psychotherapy and all of the program therapies. During the year electric shock therapy was administered to 68 men and 110 women.

Insulin Therapy. This form of treatment has been shown to have limited use. Sub-shock insulin was administered to only six patients during the year.

Tranquilizing and Energizing Drugs. These drugs have been most helpful in the treatment of patients in the hospital and of great value in the transitional period of adjustment outside the hospital in patients with persistent symptoms after months of hospital treatment. During the year 139 men and 273 women received one or more of these drugs in addition to and in conjunction with other forms of therapy.

PROGRAM THERAPIES

In addition to psychotherapeutic and all medical and nursing approaches, the program therapies continue to make a real contribution in total treatment, offering an interesting supervised and structured life for the patient.

PHYSICAL THERAPY

Miss Durkin has continued in charge of this department with three assistants. The men's department carried out 9,892 treatments and the women's department 32,718 treatments. Sixty-two patients received 711 prolonged baths, and 127 patients received 2,416 packs; these procedures were administered on the halls by the nursing service.

OCCUPATIONAL THERAPY

Mrs. Owen has continued in charge of the men's department and Miss Leete succeeded Miss Smiley in June as director of the women's department. Miss Smiley served the hospital with distinction for seven years. The hospital is most fortunate to have Miss Leete, well experienced and with outstanding ability in this field of work. There are four registered therapists and 11 assistants with craft experience in these departments.



METAL AND JEWELRY Women's Occupational Therapy

PHYSICAL EDUCATION

The men's and women's physical education departments have continued under the direction of Mr. Gorton and Miss Phelan with their 10 assistants.

MUSIC DEPARTMENT

Mr. Mills has continued in charge. In addition to many concerts, recitals and programs in association with other departments, 153 patients received 1,682 individual instrumental and vocal lessons. This included instruction in 12 different instruments. There were courses in harmony and music appreciation.

LIBRARIES

Miss Wahrow has continued in charge of the medical and nursing libraries. One hundred eighty-six volumes were added to the medical library, making a total of 8,253 volumes. Subscriptions to 74 medical journals and 9 psychological journals were continued. Miss Wahrow is most helpful to the entire staff in research and reading.

One hundred sixteen volumes were added to the nursing library, making a total of 735 volumes. Subscription to seven journals was continued.

Miss Bernholz has continued in charge of the patients' library. Four hundred twenty volumes were added to the patients' library so that at the end of the year an inventory showed 6,432 volumes. Subscriptions to 113 periodicals were continued. In addition, through the kindness of a loyal friend, the hospital has received most of the important British magazines.

For professional and administrative departments and waiting rooms, subscriptions to 35 periodicals were continued.

OPERATING ROOM

There were 24 procedures carried out, including three dental operations.

CLINICAL AND X-RAY LABORATORIES

Dr. Clow has continued in charge of this department and has directed all of the work together with consultations on medical problems of the hospital and outpatient department. He has administered a variety of immunization procedures for patients and personnel. During the year a total of 15,451 laboratory tests was made. An increased number of laboratory tests was made on the milk and water supplies. In accordance with the recommendation of the American Medical Association inspector, tests for the presence of spore-forming organisms were carried out.

X-ray Laboratory. Chest films were made on all newly admitted patients and employees and repeated yearly examinations were made on all patients and employees remaining in residence and in service. Studies were made on all patients receiving electric shock therapy. A total of 2,566 X-ray examinations was made.



WEAVING — WOMEN'S OCCUPATIONAL THERAPY

Electroencephalography. During the year 247 electroencephalographic studies were made.

Electrocardiography. Two hundred twenty-one electrocardiographic studies were made.

The following tables give details as to the work of the laboratories.

CLINICAL LABORATORY

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
Bacteriology and Parasitology:			
Cultures:			
Water			36
Miscellaneous	7	29	36
Microscopic:			
Tuberculosis	.	4	4
Gonococci	165	5	170
Miscellaneous	.	17	17
Chemistry:			
Blood	933	57	990
Feces	32	41	73
Gastric contents		1	1
Spinal fluid	12	.	12
Transaminase tests	16	-	16
Cytology:			
Blood	4,518	699	5,217
Spinal fluid	6		6
Functional tests:			
Basal metabolism	1	8	9
Miscellaneous	7		7
Serology	339	229	568
Urine examinations:			
Routine	3,487	375	3,862
Bilirubin tests	4,459	4	4,463
Tests for spores on operating room sterilizers...	..	..	12
Post mortem examinations.....	18		18

X-RAY LABORATORY EXAMINATIONS

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
* Head	29	7	36
† Thorax	395	946	1,341
Spine	295	32	327
Shoulder	7	18	25
Upper Arm	4	2	6
Elbow	2	7	9
Forearm	..	4	4
Wrist and Hand	19	28	47
Abdomen	45	20	65
Pelvis and Hip Joint	18	7	25
Thigh	1	..	1
Knee	10	11	21
Ankle	36	9	45
Foot	11	16	27
Gastro-intestinal tract	16	3	19
Gall bladder	1	6	7
Genito-urinary tract	7	1	8
Fluoroscopic examinations	16	3	19
Teeth (complete examinations)	236	12	248
Teeth (partial examinations)	273	13	286

* Inclusive of examinations for skull, sinuses, jaw and nose.

† Inclusive of examinations for lungs, heart, ribs and oesophagus.

THE OUTPATIENT DEPARTMENT

The outpatient department, organized as The Mental Hygiene Clinic of the Westchester Division, Inc. has completed five years of service to the community of Westchester County.

Dr. William K. McKnight has continued in charge with the assistance of senior members of the medical staff, four psychiatric consultants for teaching and training of residents, members of the social service and psychology departments. The services of the clinical laboratory of the hospital have been used when diagnostic services were indicated.

The Clinic has worked in close cooperation with the Community Mental Health Services of the State Department of Mental Hygiene administered by the Westchester County Mental Health Board. During the year this organization has had inspiring leadership from Dr. Sheldon Gaylin who was appointed Director of the Community Mental Health Services of the County. He has visited the hospital and the Clinic and his plans to integrate and improve all services in the County have been heartening to all in this field of work. The Clinic has continued to receive support from the State through the Mental Health Service.

In clinical service preference has been given to patients who respond to short term treatment. The patients come from over 40 different communities in Westchester County and those are accepted who cannot afford private psychiatric services. The Clinic has operated as an all service department, i.e., for adults and children. Three hundred ten patients and their families were treated in 6,490 interviews; 5,768 of these were with individual patients, an increase of about 2000 over 1960. The majority of the patients were referred by physicians in private practice, others by social agencies, schools, and many came on their own application or by friend or family referral. One hundred eighty-three adults, 53 adolescents, and 57 children applied for treatment. The majority of the patients were suffering from partial reactions, psychoneurotic and situational, and only a few with more serious total reactions or psychiatric disorders.

The family centered plan of treatment has continued with the combined efforts of the medical, psychological and social service staffs working in close cooperation with families, schools and other social agencies.

Emphasis has been placed on intensive treatment, teaching and research. The research studies have included social and economic factors, personality disorders related to minimal brain damage in children, the roles of the various members of the clinical team, and the use of drug therapy.

The staff has continued to make outstanding contributions to the mental health needs of the community. Seminar courses were given to 40 members of the Westchester Nurse-Teachers Association on the subject, *Psychiatric Disorders in School Children*. The seminar consisted of 15 three-hour evening sessions.



YORK LODGE

MEDICAL STAFF EDUCATION PROGRAM

Dr. Prout, Clinical Director and Assistant Medical Director, has been in charge of directing and coordinating the treatment and training programs of the inpatient and outpatient services. Dr. Hamilton and Dr. Moorhead have continued as physicians in charge of the men's and women's services with Drs. McKinley, O'Neil and Seelye assisting in supervising treatment, training and research.

In addition to the daily conferences, two weekly staff conferences are held at which time patients and their case histories are presented for diagnostic and treatment suggestions. These conferences continue to be the center of the medical and therapeutic activities of the hospital. All residents in training have weekly conferences with the Medical Director and the Clinical Director in addition to daily conferences with other senior members of the medical staff.

The Monday Night meetings have continued under the direction of Dr. Prout. Reports of research, original studies and scientific papers were presented and films for teaching purposes were shown.

During the year the senior staff gave to the resident staff the following lectures illustrated with slides and movies:

Introduction to Hospital by Dr. Prout;

History of the New York Hospital — Westchester Division (with slides) by Dr. Wall;

Methods of Examination and Interviewing by Dr. Wall;

Review of Care and Treatment of Mental Illness by Dr. McKnight;

Dynamics of Personality Development and Symptom Formation by Dr. Wall;

Procedures for Admission to Psychiatric Hospitals by Dr. Prout;

Symptomatology and Terminology by Dr. McKnight;

Laboratory Procedures and Techniques by Dr. Clow;

Program Therapies by Dr. Wall;

Encephalography by Dr. Clow;

Paranoia, Paraphrenia and Paranoid Disorders — Symptoms and Therapy by Dr. Moorhead;

The Problem of Alcohol and Drug Addiction by Dr. Prout;

Psychopathic States and Character Disorders — Symptoms and Therapy by Dr. Seelye;

Adjunctive Therapies by Dr. McKinley;

Organic Toxic Reactions by Dr. McKinley.

Psychotherapeutic Techniques by Dr. McKnight;

Psychoneurotic Reaction Types — Symptoms and Therapy by Dr. McKnight;
(visual aid)

Manic-depressive Psychoses by Dr. Hamilton;
(visual aid)

Involucional Psychoses by Dr. Hamilton;

Schizophrenic Reaction Types — Symptoms and Therapy by Dr. Wall;

Interview Techniques by Dr. McKnight.
(visual aid)

Miss Corrigan and her staff presented and demonstrated *The Use of Packs and Prolonged Baths*.

On November 6th a special meeting was held to which physicians of the community were invited. The subject was *Treatment of Emotionally Ill Children — The Nature and Management of Initial Resistance Factors*, presented by Dr. McKnight.

Dr. Gerard Fountain presented a series of twelve lectures on *Psychoanalytic Psychiatry* during January, February, March and April.

Dr. William S. Langford, Professor of Pediatric Psychiatry at the College of Physicians and Surgeons, Columbia University, presented a series of six lectures on *Pediatric Psychiatry* during October and November.

Dr. Barbara Betz, Associate Professor of Psychiatry at Johns Hopkins Hospital, Baltimore, Maryland, gave a lecture on *Studies of the Doctor as a Crucial Variable in the Outcome of Treatment with Schizophrenic Patients*.

Residents in training are encouraged to attend psychiatric meetings in New York City and to visit other clinics. The residents spend two half days per week in the second year, and three half days per week in the third year, in the outpatient department. The residents also participate in the teaching of courses and in presenting clinics for affiliating student nurses.

Doctors McKinley and Seelye continued in charge of special treatment procedures.

Fourth year medical students from Cornell University Medical College spent eight weeks in an elective course in the hospital for supervised study and experience. Groups of medical students from the same College were given demonstrated lectures followed by tours of the hospital.

Studies of the Monday Night Meetings included the following:

Clinical Pathological Conference by Dr. Victoria Bradess and Dr. Charles A. Santos Buch;

The Outpatient Department by Dr. McKnight;

Concepts of Rank, Ferenczi, Adler by Drs. McGrew, Clark and Kimball;

Drug Therapy for the Discharged Patient by Dr. Ehrlich;

*The Placebo Effect in Psychiatric Drug Research, Treatment of Depression with
Deanol, Benactyzine-Meprobamate and Placebo* by Drs. Prout and Loranger;

Complications of Psychopharmaceuticals — Current Literature Review by Dr.
Poundstone;

Specialized Interview Techniques by Dr. Delaney;

*Recent Psychopharmacological Treatment Investigation, Current Literature Re-
view* by Dr. Wilson;

Concepts of Janet by Dr. Feldman;

TEACHING, CONSULTATION AND CLINICAL APPOINTMENTS

Dr. James H. Wall: Professor of Clinical Psychiatry at Cornell University Medical College, Consulting Psychiatrist to the White Plains Hospital, the Grasslands Hospital, Valhalla, New York, and the St. Luke's Convalescent Hospital in Greenwich, Connecticut, Consultant in Neuropsychiatry to the Phelps Memorial Hospital Association in North Tarrytown, New York, and Chairman of the Westchester County Community Mental Health Board. Presented with Distinguished Service Award from the University of North Carolina Medical School in April.

Dr. Curtis T. Prout: Associate Professor of Clinical Psychiatry at Cornell University Medical College, and Consulting Psychiatrist at the White Plains Hospital.

Dr. William K. McKnight: Instructor in Clinical Psychiatry at Cornell University Medical College.

Dr. Hollis E. Clow: Attending Psychiatrist and Co-director of the Department of Electroencephalography at the White Plains Hospital, and Consultant in the Division of Neurology at Grasslands Hospital, Valhalla, New York.

Dr. Dorothy Burdick who had served the hospital with loyalty and dedication for thirty-two years, and had been physician in charge of the women's department since July 1946, retired during the year.

Dr. George L. Gear, resident physician, resigned on May 6th to resume his training in psychiatry in Canada.

Dr. James F. McCutcheon, senior assistant psychiatrist, left the hospital on June 30th to enter private practice in Canton, Ohio.

Dr. Charles Patterson Kimball completed one year of residency training on June 30th.

Dr. Roy E. Ehrlich completed three years of residency training on June 30th and entered the United States Navy.

Dr. Robert S. Carson, senior assistant psychiatrist, left on August 1st to enter private practice in Westchester County.

Dr. Samuel Feldman was appointed an assistant resident physician on January 1st.

Dr. Rosemary B. Felton was appointed an assistant resident physician on January 1st.

Dr. H. Michael Grant was appointed an assistant resident physician on July 1st.

Dr. Charles Michael Graz was appointed an assistant resident physician on July 1st.

Dr. David Bruce Robbins was appointed an assistant resident physician on July 1st.

Dr. Porter H. Warren was appointed an assistant resident physician on July 1st.

NURSING SERVICE AND EDUCATION

Miss Corrigan has continued in charge of the nursing service which has maintained high standards in the individual care for patients, the giving of instruction and practical experience to nurses in training, and postgraduate and inservice instruction to senior personnel of all ranks. During the year 267 affiliating student nurses received the twelve weeks' course in psychiatric nursing. The training schools from which these students came were: Lenox Hill Hospital, Flower-Fifth Avenue Hospital, Mt. Sinai Hospital, Roosevelt Hospital and St. Luke's Hospital in New York City, the White Plains Hospital, St. John's Hospital in Yonkers, and the New Rochelle Hospital. Thirteen graduate nurses received the basic psychiatric course during the year in order to be eligible for registration in New York State. Twenty-four psychiatric aides received the four weeks' program of rotating practical experience coordinated with sixteen hours of formal class work. This has been reflected in good patient care and more intelligent appreciation and work satisfaction on the part of the psychiatric aides.

The Nursing Advisory Council for affiliating students and the Katherine F. Hearn Scholarship Fund Committee met on April 20th. Eleven graduate nurses have attended college during the year, thus availing themselves of the opportunities afforded by the Fund.

The members of the nursing service have been very active in national, State and local educational organizations. On the last day of the year there were 273 members on the nursing staff, including the director, three assistant directors, 10 supervisors and instructors, 50 graduate nurses, 23 practical nurses, 79 psychiatric aides, and 5 nursing technicians. There were 4 part time graduate nurses, 2 special duty nurses, 3 part time practical nurses, 12 part time psychiatric aides, and 2 ushers. There were 79 affiliating student nurses.

PSYCHOLOGY DEPARTMENT

Dr. Armand W. Loranger has continued in charge of this department and has devoted considerable time to the investigation of the tests having to do with the effectiveness of tranquilizing and energizing drugs, a study supported by the National Institute of Mental Health. In the inpatient and outpatient services this department has served 154 patients.

SOCIAL SERVICE DEPARTMENT

Mrs. Lucille Andrews has continued in charge of this department. Mrs. Hotchkiss, with one of the assistants, has worked with inpatients and their families. One hundred ninety-eight patients and their families received this service. Ninety-six of these patients were assisted in planning their lives on leaving the hospital. The Social Service Department continued its active role in all programs both in the inpatient and the outpatient services. The program of training graduate student social workers from the New York School of Social Work of Columbia University has continued.

DENTAL DEPARTMENT

Dr. Slater with the assistance of Dr. Ern has continued to direct the work of this department. All patients have received complete oral and X-ray examinations periodically. There was a total of 2,372 patients' visits to the department and 4,155 operations were performed.

MEDICAL CARE OF PERSONNEL

Dr. Clow and Dr. Flynn have continued in charge of this service to personnel. Immunization procedures were made available. Two hundred fourteen complete physical examinations for new employees were made. During the year there were 2,852 visits to the employees' clinic and 142 admissions to the infirmary.

DEPARTMENT OF NUTRITION

Miss Randall has continued in charge of this department and with her assistants has prepared all meals for the patients and personnel, totaling 665,809 for the year. Special diets were prepared for 118 patients and 38 employees during the year. The department has prepared refreshments for patients' parties, social functions and picnics. Hot lunches were prepared and served for 594 patient visits to York Lodge during the summer.

Students from the Westchester Community College received instruction, employment and experience during the year. Pay cafeterias were established on December 26th.

HOUSEKEEPING DEPARTMENT

Mrs. Helen Smyth has continued in charge and this department has maintained high standards in all areas of patient and employee living accommodations. The department has continued in charge of all hall aides and has supervised the serving of all meals and refreshments to patients.

CIVIL DEFENSE

The staff and personnel have continued the hospital's civil defense program for patients and personnel and have cooperated with the local headquarters.



LEAVING THE HOSPITAL

SPECIAL EVENTS AND OTHER ITEMS OF INTEREST

Open House was held for all personnel on January 5th.

Employees who had loyally served the hospital for fifteen years or longer were honored at a reception and dance given by the hospital on September 25th. Thirty-two were so honored: 10 for twenty-five years or more, and 22 for fifteen years. Mr. Edward W. Bourne of the Board of Governors spoke and presented the awards.

Meetings. Members of the Citizens Advisory Group of the Board of Directors of the New York State Association for Mental Health held a meeting at the hospital on January 11th. They were addressed by the Medical Director, given a tour of the hospital, and served refreshments.

Meetings of the Directors of the Mental Hygiene Clinic of the Westchester Division, Inc. were held on January 16th and November 27th.

The Board of Governors of The Society of the New York Hospital held its regular monthly meeting at the hospital on June 6th followed by a tour of the entire hospital and dinner at the staff house.

As a part of the Business Education Day in White Plains, sponsored by the Education Committee of the Business and Civic Federation of White Plains, 18 teachers from the public schools of White Plains visited the hospital on May 10th. They were given lectures, a tour of various parts of the hospital and were entertained at lunch.

Groups of nurses and teachers from the Westchester Nurse-Teachers Association visited the hospital on March 17th and 24th. They were addressed and taken on tours of the hospital.

The Westchester County Mental Health Association held a meeting at the hospital on June 7th. They were addressed and were conducted on a tour of the hospital.

Inspection of the Hospital. Inspection of the hospital by representatives of the New York State Department of Mental Hygiene was made as follows: Dr. Joseph L. Camp on March 6th and June 1st, and Dr. Richard V. Foster on October 16th.

The White Plains Fire Department made a complete and regular inspection of the hospital in November and December. The Blackstone Mutual Insurance Company inspected the hospital in March and November.

The Westchester Department of Health inspected the hospital in November and approved standards and policies and issued a satisfactory certificate.

Dr. Sheldon Gaylin, Director of the Mental Health Services of Westchester County, inspected the outpatient department on April 28th.

Dr. Luther Woodward, senior representative of the New York State Department of Community Mental Health, inspected the outpatient department on October 31st.

Visitors. Visits of friends and relatives to patients totaled 18,101: 10,232 to women patients and 7,869 to men patients.

Two hundred forty former patients made 1,192 visits to the hospital and to our New York office at the Payne Whitney Clinic, a service given to patients during their first few months of readjustment in the community.

Miss Adele Poston, a former director of nurses, visited the hospital on March 24th.

Dr. Robert Gibson, Director of Clinical Services of the Sheppard and Enoch Pratt Hospital, Towson, Maryland, visited the hospital on April 20th.

Dr. John P. Moore, Medical Director of St. Patrick's Hospital, Dublin, Ireland, visited the hospital on May 25th.

Dr. Tom Munro, Medical Superintendent of the Royal Edinburgh Hospital for Mental and Nervous Diseases, Edinburgh, Scotland, visited the hospital during June.

Resident physicians from the Veterans Administration Hospital in Montrose, New York, visited the hospital on August 29th.

Groups of students from many hospital training schools, high schools and colleges, visited the hospital during the year.

Physicians, educators, social workers and workers in all fields of mental health visited the outpatient department during the year.

Religious Services. The Reverend David B. Weden, Rector of Grace Church, White Plains, and chaplain of the hospital, has continued to conduct the services on Sunday afternoons and has administered communion regularly throughout the year.

Monsignor Eugene A. Murtha and his assistant, the Reverend Father John Reardon of the Church of Our Lady of Sorrows, White Plains, have attended to the religious comfort of the Roman Catholic patients, including the regular celebration of Mass.

Regular services were held for Jewish patients by Rabbi Richard S. Sternberger of the Jewish Community Center of White Plains.

ADDRESSES, PAPERS AND PUBLICATIONS

Dr. James H. Wall: *History and Work of the New York Hospital—Westchester Division*, St. Luke's Nurses Alumni Association, New York City, March 14th; *The Psychiatric Management of Youth with Problems of Delinquency*, Guilford County Medical Society, Greensboro, North Carolina, October 5th; participation in conference of administrators of voluntary private mental hospitals in association with the Sesquicentennial Anniversary at McLean Hospital in Belmont, Massachusetts, May 18th; participation in working conference

meeting of the First American Medical Association National Congress in Mental Health, Chicago, Illinois, September 29th; *Results of Mental Hospital Treatment of Troubled Youth* (with others), American Journal of Psychiatry, Volume 117, No. 9, March 1961; *Man, Medicine and the Ministry, a Symposium* (panel), Bulletin of the New York Academy of Medicine, Volume 37, No. 8, August 1961.

Dr. Curtis T. Prout; *Intervention in Psychotherapy*, annual meeting of the American Psychiatric Association, Chicago, Illinois, May 9th; *The Placebo Effect in Psychiatric Drug Research* (with others), Journal of the American Medical Association, Volume 176, No. 11, June 17th.

Dr. Hollis E. Clow: *Psychiatric Disorders of the Aging, Problems in Prevention and Treatment*, Roanoke Veterans Administration Hospital, Roanoke, Virginia, February 9th; participation in program for lay section of the American Geriatrics Society, New York, June 23rd; *Mental Health for the Aged*, Dutchess County Medical Society, Poughkeepsie, New York, October 11th; *Mental Health*, Rotary Club, Harrison, New York, November 8th; *Adjustments in Marriage*, Temple Israel, White Plains, November 12th; *How Long is a Woman Young?*, Vogue Magazine, October 15, 1961.

Dr. William K. McKnight: *Health Careers for Mental Health*, Health Careers Day Conference for high school students, White Plains, May 13th; *Action for Mental Health*, panel discussion, White Plains branch of the County Health Association, White Plains, October 11th; *Action for Mental Health*, panel discussion, Section on Psychiatry and Neurology, Westchester Academy of Medicine, Purchase, New York, December 13th.

Dr. Donald M. Hamilton: *Results of Mental Hospital Treatment of Troubled Youth* (with others), American Journal of Psychiatry, Volume 117, No. 9, March 1961.

Dr. Harry H. Moorhead: *Results of Mental Hospital Treatment of Troubled Youth* (with others), American Journal of Psychiatry, Volume 117, No. 9, March, 1961; *Alcoholism* (with Dr. E. B. Allen), Chapter 28, Volume XVI, Progress in Neurology and Psychiatry, Grune and Stratton, Inc., New York, 1961.

Dr. Robert A. McKinley: *Results of Mental Hospital Treatment of Troubled Youth* (with others), American Journal of Psychiatry, Volume 117, No. 9, March 1961.

Dr. William H. Hampton, Jr.: *Observed Psychiatric Reactions Following the Use of Amphetamine and Amphetamine-Like Substances*, Bulletin of the New York Academy of Medicine, 2nd series, Volume 37, No. 5, March 1961.

Armand W. Loranger, Ph.D.: *The Relation of Flicker Fusion to Intellectual Ability*, annual meeting of the American Psychological Association, New York, September 1st; *The Placebo Effect in Psychiatric Drug Research*, Journal of the American Medical Association, Volume 176, No. 11, June 17, 1961; *Cerebral Dysfunction and Intellectual Impairment in Old Age*, Science, Volume 134, No. 3489, November 10, 1961.

PUBLIC RELATIONS DEPARTMENT

Mrs. Miller has continued in charge of this department. In addition to the public relations and fund-raising activities, she has given assistance to many departments in preparing printed material for hospital programs. In cooperation with Mrs. Miller the local newspapers have prepared many illustrated articles on various activities of the hospital.

Through the courtesy of station WFAS, White Plains, the following radio programs were presented:

Dr. Ehrlich: *The Use of Medicines in the Treatment of Mental Patients*, January 26th;

Dr. McKnight and Mrs. Harris: *Family Centered Outpatient Treatment*, February 23rd;

Dr. Prout: *The Alcoholic Patient*, April 27th;

Dr. McCutcheon: *Psychiatric Problems of Elderly Patients*, May 25th;

Drs. Moorhead and McKinley: *Hospital Treatment of Troubled Youth*, June 22nd;

Dr. Hamilton: *The Psychiatric Hospital as a Cultural Pattern*, September 28th;

Mr. Mills: *Music Therapy*, October 26th;

Dr. Prout: *Prevention of Psychiatric Illness* November 23rd;

Mrs. Wright: *Psychiatric Education for Nurses*, December 28th.

IMPROVEMENTS AND MAINTENANCE

All departments of maintenance have made contributions in keeping the grounds, plant and buildings for patients and employees in excellent condition.

The medical library was relocated and thoroughly modernized. The space formerly occupied by the medical library was converted into a conference room and additional offices.

Work has proceeded in converting the direct electric current to alternating current in many parts of the hospital.

Landscaping and planting made necessary by the new entrance have progressed.

There were substantial improvements in the laundry and in the engineering department. Pantries on Halls 4 and 5 Men were renovated and modernized.

GIFTS

During the year, 637 contributions were received for the work of the hospital. The amount contributed was \$182,135.72, making a total of \$1,490,706.33 contributed since the appeal began in 1947. This generous giving has enabled the hospital to expand its services to the community and its programs of treatment, teaching, research and prevention. Extensive additions, repairs, replacements and improvements have been made possible. Mr. Louis Calder has continued his annual gift of \$25,000 to support the cost of teaching in nursing education. He has also donated \$25,000 for the work with boys and young men. Legacies from interested families and friends amounted to \$28,493.12 in 1961.

RESEARCH PROJECTS IN PROGRESS

The analysis of the investigation of the effectiveness of tranquilizing and energizing drugs supported by the National Institute of Mental Health.

Studies of young men and boys, extended to young women and girls, with problems of adolescent turmoil, supported by The New York Hospital—Cornell Medical Center Foundation.

Studies of schizophrenic patients.

Studies of anorexia nervosa.

Investigation of the problems of aging.

Studies of patients with alcohol and drug problems.

The teaching and research programs have been supported by a generous annual gift of \$15,000 from the George F. Baker Trust in supporting the work of senior assistant psychiatrists.

NEEDS

Funds are needed to support the expanded services of the hospital, particularly in the fields of teaching and research.

Funds are needed to help defray the expense of care and treatment of patients whose families are unable to meet the rising costs.

Funds are needed for the extensive programs of additions, replacements and improvements in all areas of the hospital.

It is hoped that these needs will continue to receive the attention of public-spirited friends so that the hospital with its fine history and traditions of excellence in standards of care and treatment can move forward along its paths of progress in treatment, teaching and research.

The Medical Director wishes to thank all associated with the beneficent work of the hospital. The dedicated work of all the personnel in meeting the challenge of changes and improvements in all fields of the hospital's operations is gratefully acknowledged. To the Board of Governors, the Chairman and members of the Westchester Division Committee, and all loyal and faithful supporters of the hospital, I wish to express my gratitude.

Respectfully submitted,

JAMES H. WALL, M.D.,
Medical Director.

GENERAL STATISTICS OF PATIENT POPULATION FOR THE
YEAR ENDING DECEMBER 31, 1961

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Total on books December 31, 1960.....	145	258	403
In hospital	109	167	276
On visit	36	91	127
Admitted during the year:			
First admissions	91	112	203
‡Readmissions	57	66	123
Transfers	2	2	4
Total admitted	150	180	330
Total under treatment during the year.....	295	438	733
Discharged during the year:			
*As recovered	20	12	32
*As much improved	27	68	95
*As improved	18	41	59
*As unimproved	7	10	17
As without mental disorder:			
Alcoholism	10	16	26
Drug addiction	3	6	9
Psychopathic personality	13	6	19
†Died	22	17	39
Transferred	9	10	19
Total discharged	129	186	315
Total remaining on books December 31, 1961.....	166	252	418
In hospital	130	147	277
On visit	36	105	141
Daily average population on books	154	266	420
Daily average population excluding visits	121	169	290
Rated capacity of hospital.....	149	201	350
Voluntary cases admitted during the year:			
First admissions	64	81	145
Readmissions	40	49	89
Physician's certificate cases admitted.....	7	7	14
Cases admitted on voluntary minor application.....	16	11	27
Voluntary cases certified for mental disorder	14	29	43
Voluntary cases certified on inebriate certification	20	18	38
Voluntary case certified on physician's certificate.....	1	..	1
Inebriate certification case certified for mental disorder.....		1	1
Physician's certificate cases certified for mental disorder	1	1	2
Voluntary patients on books at the end of the year.....	93	133	226
Average number on visit during the year.....	33	98	131

‡ Refers to previous admission to any hospital for mental disorder.

* Exclusive of transfers and those without mental disorder.

† Seven of these patients died while on visit.

THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

GENERAL TABLE OF STATISTICS
Compiled from the Annual Reports of the Institution

Year	Whole Number Admitted	Admitted by Legal Procedure	Voluntary	Whole Number Treated during the Year	Whole Number Discharged during the Year	Recovered	Improved and much Improved	* Not Improved	Died	† On Books at End of Year	Daily Average No. in Hospital
1821 to 1893.	9,305	9,303	2	...	9,003	3,635	2,436	1,585	1,345	...	...
1894.	128	128	...	433	144	40	56	17	31	286	294
1895.	145	145	...	434	126	40	39	19	28	305	299
1896.	128	128	...	436	122	33	47	19	23	311	312
1897.	133	131	2	447	106	30	37	12	27	338	318
1898.	91	90	1	432	106	26	35	18	27	323	323
1899.	108	102	6	434	93	24	35	16	18	338	331
1900.	98	97	1	439	99	25	43	8	22	337	339
1901.	91	68	23	431	100	26	33	14	27	328	328
1902.	95	76	19	426	94	24	37	12	21	329	329
1903.	124	95	29	456	111	31	35	18	27	342	336
1904.	127	89	38	472	132	34	60	10	28	337	340
1905.	111	84	27	451	100	34	43	8	15	348	342
1906.	101	76	25	452	112	32	43	12	25	337	335
1907.	127	109	18	467	123	44	35	22	22	341	340
1908.	124	91	33	468	114	33	30	24	27	351	347
1909.	122	82	40	476	129	40	40	27	22	344	343
1910.	131	88	43	478	120	31	39	24	26	355	352
1911.	140	74	66	498	121	39	35	25	22	374	351
1912.	156	101	55	533	175	45	38	25	22	355	355
1913.	144	82	62	504	154	36	54	13	17	345	333
1914.	201	103	98	551	188	26	64	23	23	358	345
1915.	193	94	99	556	202	30	85	22	14	349	336
1916.	254	92	162	608	257	50	86	37	33	346	323
1917.	222	73	149	573	242	47	49	38	23	326	312
1918.	260	61	199	590	273	69	54	31	19	313	298
1919.	309	68	241	622	316	83	152	42	15	306	302
1920.	243	61	182	549	223	44	133	38	8	326	309
1921.	273	68	205	599	303	52	126	45	13	296	290
1922.	257	57	200	553	241	36	127	36	11	312	288
1923.	267	75	192	579	272	68	107	46	17	307	284
1924.	290	82	208	597	288	63	122	34	10	309	277
1925.	290	91	199	599	290	53	136	88	13	309	276
1926.	278	102	176	587	300	61	135	95	9	287	267
1927.	276	102	174	563	253	62	108	76	7	310	257
1928.	249	89	160	559	261	52	105	59	9	298	263
1929.	248	84	164	546	243	59	112	65	7	303	257
1930.	261	73	188	564	278	60	123	77	18	286	251
† 1931.	261	47	214	547	244	63	125	50	6	303	251
1932.	231	27	204	534	269	46	158	53	3	265	241
1933.	227	51	176	492	229	57	108	60	4	263	228
1934.	236	47	189	499	217	41	119	53	4	282	230
1935.	270	49	221	552	242	45	134	59	4	310	235
1936.	277	46	231	587	280	73	133	65	9	307	261
1937.	342	94	248	649	308	41	173	78	16	341	249
1938.	311	83	228	652	306	67	159	67	13	346	246
1939.	350	80	270	696	358	72	202	72	12	338	259
1940.	333	111	222	671	285	89	129	48	9	386	244
1941.	378	107	271	764	350	106	175	59	10	414	273
1942.	361	104	257	775	379	94	209	61	15	396	279
1943.	341	88	253	737	352	102	176	56	18	385	259
1944.	352	92	260	737	331	116	152	52	11	406	263
1945.	346	73	273	752	348	132	138	58	20	404	270
1946.	322	69	253	726	335	111	151	53	20†	391	273
1947.	275	65	210	666	304	75	166	45	9‡	362	269
1948.	350	111	239	712	335	94	167	55	19‡	377	255
1949.	360	115	245	737	344	100	186	44	14‡	393	274
1950.	329	100	229	722	345	90	186	54	15‡	377	272
1951.	359	124	235	736	338	75	190	53	20‡	398	272
1952.	318	111	207	716	325	84	172	50	19‡	391	278
1953.	349	108	241	740	341	69	215	38	19‡	399	274
1954.	343	127	216	742	326	82	180	50	14‡	416	288
1955.	328	80	248	744	315	66	195	39	15‡	429	287
1956.	304	70	234	733	339	66	218	37	18‡	394	286
1957.	316	78	238	710	312	45	210	41	16‡	398	281
1958.	369	80	289	767	360	87	215	42	16‡	407	282
1959.	342	81	261	749	371	79	236	36	20‡	378	256
1960.	331	98	233	709	306	73	189	24	20	403	275
1961.	330	96	234	733	315	36	205	35	39	418	290
Totals.....	26,041	15,226	10,715	...	25,623	7,593	10,455	4,367	2,618	...	...

* Includes patients transferred.

† From this year changes of status not included as in previous years.

‡ Includes patients on visit.

INFORMATION RELATING TO THE ADMISSION OF PATIENTS

APPLICATIONS

Application for the admission of patients may be made at the hospital at any time, or at our office in The New York Hospital, 525 East 68th Street, New York City, on Wednesdays and Fridays, at noon.

Information will be gladly given by telephone, but it is not customary to accept patients without the more careful inquiry made possible by an interview.

Applications should be made by personal call of some one who is prepared to describe the case, and to make the necessary arrangements.

An examination of the patient before admission is not required.

Application for the admission of patients at a distance may be made by telephone or by letter. A full description of the case and of the circumstances is required.

ADMISSION

The large majority of the patients sign their own applications on arrival at the hospital. Patients are also received on physician's certificate and on court authority as provided by the New York laws.

Patients who have been placed under the control of the hospital by court authority will, on request, be sent for. Others must be brought to the hospital.

CLASS OF PATIENTS

In the admission of patients, preference is given to those suffering from forms of nervous and mental disorders in which a favorable result from treatment may be reasonably expected.

Doubtful cases may be received for observation and diagnosis.

A very limited number of alcoholic and drug cases with a favorable outlook may be received under the provisions of the Mental Hygiene law.

Patients who seem likely to require an extended period of treatment may, when there is room and they are otherwise suitable, be received, for periods of study, at rates that will contribute to the support of the work of the hospital.

As the field of the hospital's activity must necessarily be limited and as a suitable social environment is essential to successful treatment, in the selection of cases for admission a good level of education, refinement and social adaptability is required.

TERMS

The rate charged depends upon the type of case, the attention required, and the accommodations desired.

Patients whose relatives are unable to pay the full cost may be received at low rates or without charge if the disorders from which they are suffering are recoverable and they are persons who come within the field of work in which The Society of the New York Hospital has found it can most usefully apply its resources. A large proportion of the patients thus received are professional men or women and members of their families. Preference is given to residents of New York State.

Extra charge is made for dental X-ray films and dental prophylaxis which are expected to be carried out for all patients. For other dental work and for surgical and other professional services that require specialists, extra charges are made for which, except in emergencies, approval is expected to be obtained in advance from the person responsible for the support of the patient in the hospital.

Consultations with family physicians and consulting specialists can, when desired, be arranged for after conference with the hospital physicians.

EXPRESSIONS OF APPRECIATION

Friends from time to time desire to express, by gifts to the Hospital, their appreciation of the treatment of patients and the work done by the Hospital.

The Medical Director will be pleased to give information concerning various needs of the Hospital that would come within the scope contemplated by the donor.

LEGACIES TO THE HOSPITAL

No precise words are necessary to a valid legacy to the Society. The following clause, however, may be suggested:

"I give to THE SOCIETY OF THE NEW YORK HOSPITAL, for the use of The New York Hospital—Westchester Division, the sum of _____ dollars."

If land or any specific personal property, such as bonds, stocks, etc., is given, a brief description of the property should be inserted instead of the words "the sum of _____ dollars."

